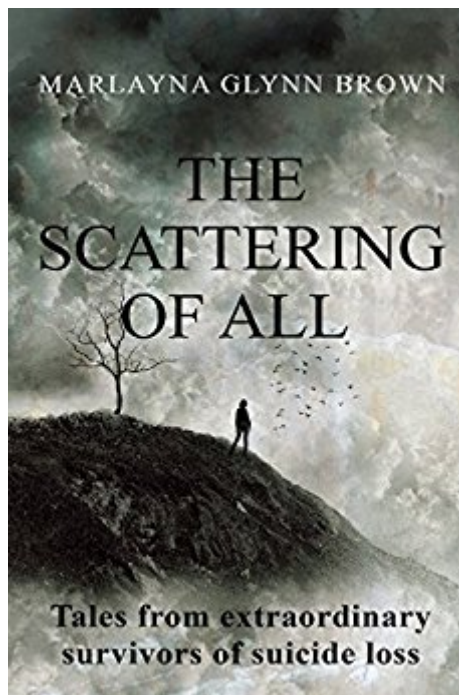




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The Scattering Of All: Tales From Extraordinary Survivors Of Suicide Loss (The Survivor Series Book 1)



Synopsis

In their own words ...What happens to those left behind when a friend, family member, or loved one takes their life? How do the survivors navigate the grieving process? How do they recover from such a profound trauma? Answers can be found through the tales of the twenty-six contributors to this sensitive collection of short stories. Everyone is affected by mental illness. If we don't experience it ourselves then the odds are that a friend, family member or loved one does. These stories of suicide loss open a window into the lives of those who were left behind once a loved one took their own life. When those suffering from disorders including depression, schizophrenia, borderline personality disorder, addictions, and bipolar disorder take their lives, it sets survivors on a grief-filled path toward recovery. Award winning memoirist Marlayna Glynn has compiled these stories of survival to invite readers to understand the many implications of how survivors are affected when a friend, family member, or loved one takes their life. Each year in the United States, approximately 40,000 people take their lives, making suicide the tenth leading cause of death for Americans. The number of annual suicides in the United States is double that of the number of homicides. For every completed suicide, there are approximately six survivors. This means roughly 240,00 suicide loss survivors were created in the United States just this year.

Book Information

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Customer Reviews

The author had a traumatic childhood with alcoholic parents. She is ultimately estranged from her father but comes to him when he is dying. She makes peace with him and her past as she scatters his ashes in various places around the world imagining along the way what he might say to her if he could. Very emotional read. I admire her so much for doing this for the father who disappointed her in life.

It was a good read, tells lots of info on suicide. Sad, but it does happen. I knew one person in the book this happen too. So sorry for her lose.

Engrossing , detailed , helpful for people who have experienced this

This is a must read for anyone touched by the act of suicide. It includes stories from ordinary lives who must face the effects of losing someone to this selfish act.

Too many religious references for my taste.

This is a collection of stories written by the "living" victims of suicide--the people left behind by those who chose to end their own lives. The friends, families, and acquaintances of troubled individuals remain to wonder why these people died and what could have been done to prevent their deaths. Many go through the rest of their own lives plagued by guilt and a nagging feeling that they should have seen some sign that something was wrong. Been there--done that, more than once. This book also shows how some of the "living" victims move forward and begin to heal. This book contains some valuable phone numbers and information in the last chapter that could save the life of someone you care about or are acquainted with.

I learned a lot by reading this book. I can't say I enjoyed reading the book although it is very well written. All of the stories in the book are very sad and even depressing to read. This book was a very eye opening experience and it certainly makes the reader think about suicide - the why and the how. The thing that really touched me was the way suicide affects the lives of those left behind.

Some of the contributors wrote about a suicide that happened twenty or thirty years ago. Their lives are still impacted by the loss of a loved one in such a tragic way. The survivor's lives will never be the same again, even after so much time has passed. They will always be asking themselves if they could have done something to prevent the tragedy from happening. I highly recommend this book to anyone who is a suicide survivor.

The testimonials of loss and grief and healing were comforting. I know I am not alone in my journey. Including chapters of clinically or professional discussion would make this a more complete read.

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